

# Updated guidance and poster on staying home when sick

The Office of Yukon's Chief Medical Officer of Health has provided updated guidance for students, families and school staff on when students should stay home when sick. Please see the attached [Can my child go to school poster](#) to learn more about when to keep your child home when sick. We encourage you to post this poster on your fridge and review it each morning.

This poster is also available at: [yukon.ca/en/health-and-wellness/covid-19-information/industry-operating-guidelines-covid-19/can-your-child-go](http://yukon.ca/en/health-and-wellness/covid-19-information/industry-operating-guidelines-covid-19/can-your-child-go)

## Checking in every morning

Parents/guardians should check in with their child every day to see if they have any new or worsening symptoms. Parents/guardians should refer to the Can my child to school poster for guidance.

## Pre-existing conditions

Pre-existing conditions don't apply. For example, a child with asthma may have a cough, and some children get frequent runny noses during cold weather.

Parents/guardians talk to your child's teacher about what is normal for them.

## If your child only has one of the Yellow symptoms

If your child only has one of the Yellow symptoms, they can return to school when symptoms go away. See the poster for the list of Red and Yellow symptoms.

You don't need a written note from your health care provider for your child to return to daily activities.

## Exceptions

1. If your child is throwing up or has diarrhea, keep them at home until 24 hours after symptoms have gone away.
2. If the runny nose/nasal congestion lasts longer than 24 hours, is mild and not getting worse, and the child is otherwise well, they may return to school.

## When the poster guidance doesn't apply

The guidance on the Can my child go to school poster does not apply if:

- Your child is a contact of someone who has COVID-19.
- Your child is severely immunocompromised or has a complex medical history.
- Your child recently returned from travel outside of Yukon